

# Middle School Menu

# Summer 2024



MON	TUE	WED	THU	FRI
-----	-----	-----	-----	-----

**OFFERED DAILY**

- Yogurt with Granola
- 100% Fruit Juice
- Low-Fat White Milk
- Nonfat Chocolate Milk

**Key**

- House-Made
- Locally-Grown & Sourced
- Vegetarian Entrees
- Vegan Entrees  
All fruits & fresh vegetables are vegan.
- Contains Pork
- All grains are whole-grain rich

**BREAKFAST Jun 24**

**Whole-Grain Cereals**   
String Cheese  
Mixed Fruit or Variety

**LUNCH**

**Chicken Nuggets w/Biscuit**  
Fresh Apple Slices  
Fresh Baby Carrots

**BREAKFAST 25**

**Bagel w/Cream Cheese**   
Peaches or Variety

**LUNCH**

**Bean & Cheese Empanada**   
Fresh Orange   
Roasted Chickpeas

**BREAKFAST 26**

**Whole-Grain Cereals**   
String Cheese  
Applesauce or Variety

**LUNCH**

**Hamburger**  
Fresh Banana  
Fresh Baby Carrots

**BREAKFAST 27**

**Muffin**   
Pineapple or Variety

**LUNCH**

**Chicken Sandwich**  
Fresh Plum   
Potato Rounds

**BREAKFAST 28**

**Whole-Grain Cereals**   
String Cheese  
Fresh Apple Slices or Variety

**LUNCH**

**Cheese Pizza**   
Fresh Nectarine or Variety  
Fresh Broccoli

**BREAKFAST Jul 1**

**Whole-Grain Cereals**   
String Cheese  
Mixed Fruit or Variety

**LUNCH**

**Bean & Cheese Empanada**   
Fresh Apple Slices  
Fresh Baby Carrots

**BREAKFAST 2**

**Bagel w/Cream Cheese**   
Peaches or Variety

**LUNCH**

**Chicken Nuggets w/Biscuit**  
Fresh Plum   
Potato Rounds

**BREAKFAST 3**

**Muffin**   
Applesauce or Variety

**LUNCH**

**Hamburger**  
Fresh Banana  
Fresh Baby Carrots or Variety



**BREAKFAST 5**

**Whole-Grain Cereals**   
String Cheese  
Fresh Apple Slices or Variety

**LUNCH**

**Cheese Pizza**   
Fresh Nectarine or Variety  
Fresh Broccoli or Variety

**BREAKFAST 8**

**Whole-Grain Cereals**   
String Cheese  
Mixed Fruit or Variety

**LUNCH**

**Bean & Cheese Empanada**   
Fresh Apple Slices  
Fresh Baby Carrots

**BREAKFAST 9**

**Bagel w/Cream Cheese**   
Peaches or Variety

**LUNCH**

**Chicken Nuggets w/Biscuit**  
Fresh Plum   
Potato Rounds

**BREAKFAST 10**

**Whole-Grain Cereals**   
String Cheese  
Applesauce or Variety

**LUNCH**

**Hamburger**  
Fresh Plum   
Fresh Baby Carrots

**BREAKFAST 11**

**Muffin**   
Pineapple or Variety

**LUNCH**

**Chicken Sandwich**  
Fresh Banana  
Roasted Chickpeas

**BREAKFAST 12**

**Whole-Grain Cereals**   
String Cheese  
Fresh Apple Slices or Variety

**LUNCH**

**Cheese Pizza**   
Fresh Nectarine or Variety  
Fresh Broccoli

**BREAKFAST 15**

**Whole-Grain Cereals**   
**or Manager's Special**  
String Cheese  
Mixed Fruit or Variety

**LUNCH**

**Bean & Cheese Empanada**   
**or Manager's Special**  
Fresh Apple Slices  
Fresh Baby Carrots

**BREAKFAST 16**

**Bagel w/Cream Cheese**   
**or Manager's Special**  
Peaches or Variety

**LUNCH**

**Chicken Nuggets w/Biscuit**  
**or Manager's Special**  
Fresh Plum   
Potato Rounds

**BREAKFAST 17**

**Whole-Grain Cereals**   
**or Manager's Special**  
String Cheese  
Applesauce or Variety

**LUNCH**

**Hamburger**  
**or Manager's Special**  
Fresh Banana  
Fresh Baby Carrots

**BREAKFAST 18**

**Muffin**   
**or Manager's Special**  
Pineapple or Variety

**LUNCH**

**Chicken Sandwich**  
**or Manager's Special**  
Fresh Orange or Variety  
Roasted Chickpeas

**BREAKFAST 19**

**Whole-Grain Cereals**   
**or Manager's Special**  
String Cheese  
Fresh Apple Slices or Variety

**LUNCH**

**Cheese Pizza**   
**or Manager's Special**  
Fresh Nectarine or Variety  
Fresh Broccoli

\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.

